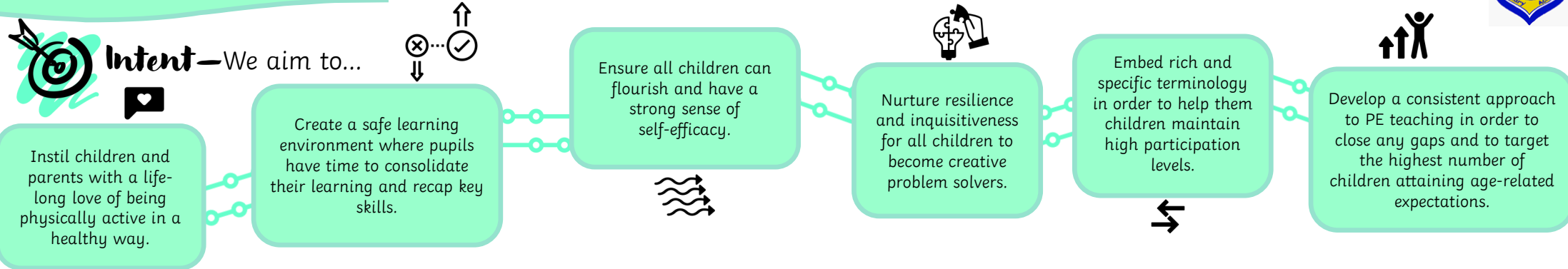


Subject on a page: Physical Education

At Leverington, we believe physical education, has a vital role in our lives and a positive attitude towards the subject is essential for success.



Implementation—How do we achieve our aims?

Our approach

Get Set 4 PE



Whole School Objectives

All sports and lessons will focus on developing four different skills—physical, social, emotional and thinking skills. Each unit of work and lesson will cover specific skills aimed at that areas of the curriculum.

PE for All

Lessons will have access to high-quality PE lessons where they will be able to build declarative knowledge - learning skills in an isolated manner, and procedural knowledge—knowing when to use the skills that have been taught and mastered.

Motor Competences

Being able to make a range of physical actions is vital for everyday activities as well as in play and physical activity. It is important that enough time is given for these to be practised, and feedback to be given on how to improve.

Fundamental Movement Skills

A key focus within early years, these skills need to be taught explicitly. For example locomotor skills (running and jumping), stability skills (such as twisting and balancing) and manipulation skills (such as throwing and catching).

Curriculum Design

The curriculum has been designed carefully to ensure there is a broad and balanced curriculum on offer for all key stages, with lots of opportunities for their skills to progress through each unit, as well as they progress through each year group. Throughout the year, ALL year groups will be taught Dance, Gymnastics and Swimming, as well as opportunities to engage in invasion, net and wall. sending and receiving games, fitness, yoga and outdoor adventurous activities.

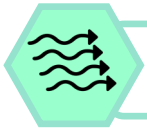
Adapting PE Lessons

It is important that all teaching staff have the ability to adapt their PE lessons, to make sure all children make the necessary progress in line with their abilities. By adapting a STEP approach, it means that this progress is achievable. This approach incorporates 4 key areas that can be used in isolation or alongside each other:

- Space:** changing distance, height, size, or location.
- Task:** changing rules, roles, progressions, conditions, complexity.
- Equipment:** changing what is being used.
- People:** changing groupings or how the children play together.

Healthy Participation

A key focus for us is to instil a love of being active in a healthy and safe way, which will allow pupils to continue to make healthy choices the older they get—with the hope that they will continue to be physically active and choose to lead a healthy lifestyle as they grow.



Moving Forward

Sports Ambassadors

This a role that pupils apply for, with the viewpoint of them being a positive role model and instilling a good attitude towards learning and playing sports. They hold some responsibility for keeping children active during play times and break times—with different games and activities, and they meet with the Subject Lead to share ideas and visions for what they can do throughout the year to raise the profile of sport and being active. They aim to inspire and engage others and show them the qualities of being a good sportsperson.

Wake-Up Club

This a new addition to Leverington; whereby children can come in before the School Day begins to access a range of sensory and practical activities. This benefits a whole host of children and their different needs; to help them to 'wake up' and to be alert ready for the School Day ahead. This is led by a member of Leverington Staff, who plans these targeted and exciting activities, based on the children and year groups that attend.



Raising the profile

Raising the profile of PE and Sport at Leverington is something we aim to develop and improve over the coming years. The role of the Sports Ambassadors is something we will improve and develop; to give them more leadership opportunities with things such as intra-house competitions and other termly challenges based around sporting events that are happening. Something we are keen to develop is links with the Leverington Social Club; to enable us to work collaboratively to raise the profile of being physically active for the children at our School. This combined with providing relevant CPD/training opportunities for our staff will also be on the agenda; to help to develop staff members' confidence, skills and knowledge, so that the curriculum grows from strength to strength.



Impact—How will we know we achieved our aims?

Assessment

Each pupil within the School has a 'Physical Education Learning Log'. Each term, the children will be given a progression ladder based on the areas of the PE Curriculum they are focusing on. These show the skills that they will develop right from EYFS all the way through to Year 6. Also be given a Vocabulary pyramid, which they can then use throughout the term in their lessons. As they come to the end of the term; Children then complete an assessment sheet named 'My Learning in PE' which allows them to tell their teacher what they have been learning about, their favourite part of the unit, three things they have learnt and an area or skill they would still like to improve on. These 'Learning Logs' will then stay with each child as the progress through the Key Stages—building up a portfolio of their learning through their time at Leverington.

Children will have access to a wide range of equipment in lessons to help them to make expected progress, as well as equipment to keep them active during playtimes.

Pupils' 'Learning Logs' will show what they have learnt across the year and highlight the progression they will look to make.

Pupils will be able to speak about their progress in PE confidently and articulately to demonstrate their level of understanding and progression of key skills.

Pupils will make connections by comparing and contrasting their knowledge between two different domains to help to develop a rich and deeper understanding.